

CONTENTS

Chapter 1: Principles of Treatment Planning.

- Introduction
- Localization and delineation
 - (a) Non-CT Planning
 - (b) CT Planning
- Gross Tumor Volume (GTV)
- Clinical Target Volume (CTV)
- Planning Target Volume (PTV)
- Treated Volume
- Irradiated Volume
- Treatment Planning
- Verification of Plan
- Reproduction of Plan on Treatment Unit

Chapter 2: Quantitative Dosimetry

- Inverse Square Law
- Equivalent Square
- DMax
- Beam Profile
- Penumbra
 - Disadvantages and disadvantages of Penumbra
- Field Gap
 - (a) Two fields from the same side
 - (b) Two fields from anterior and two field from posterior
 - (i) Field match at two different separation
 - (ii) Field match at common separation
 - (c) One posterior field and two lateral fields
 - (d) One anterior, one posterior and two lateral fields
- Half Value Layer(HVL) or Half Value Thickness(HVT)
- Linear Attenuation Coefficient
- Isocenter
- Timer correction (Shutter time)
 - Measurement of timer correction
 - (a) Formula method
 - (b) Graph method
- Contour
 - (1) Lead wire
 - (2) Plaster of Paris bandage strip
 - (3) ODI
 - (4) Formulater
 - (5) Multipurpose projector
 - (6) Pantograph
 - (7) Ultrasound
 - (8) CT and MRI
- Half Block or Beam Splitter or Asymmetric Jaw
- Percentage depth dose (%DD)

- (a) Definition and Measurement
- (b) Factors affecting %DD
 - (i) Depth
 - (ii) Field size
 - (iii) SSD
 - (iv) Energy

- (c) Calculation using %DD

Tissue Air Ratio (TAR)

- (a) Definition and measurement
- (b) Factors affecting TAR
 - (i) Depth
 - (ii) Field size
 - (iii) SSD
- (c) Use of TAR in calculation
- (d) Relationship between %DD and TAR
- (e) Calculation of %DD given TAR (80cm SSD)
- (f) Calculation of TAR given %DD (80cm SSD)
- (g) Calculation of %DD given TAR (80cm SAD)
- (h) Calculation of TAR given %DD (80cm SAD)
- (i) Calculation of %DD for extended SSD using TAR

Peak Scatter Factor (PSF) Back Scatter Factor (BSF)

Definition and measurement

Tissue Maximum Ratio (TMR)

- (a) Definition and measurement
- (b) Factors affecting TMR
- (c) Use of TMR in calculation
- (d) Relationship of TMR, TAR and %DD
- (e) Calculation of %DD given TMR
- (f) Calculation of TMR given %DD
- (g) Calculation of %DD at extended treatment distance using TMR

Tissue Phantom Ratio (TPR)

Tissue Dose Rate (TDR) or Absorbed Dose Rate in Tissue (cGy/min)

- (a) Definition and measurement
- (b) Factors affecting TDR
- (c) Calculation using TDR

Air Dose Rate (ADR)(cGy/min)

- (a) Definition
- (b) Factors affecting ADR
- (c) Calculation using ADR

Output Factor (OF)(cGy/MU)

- (a) Measurement
- (b) Factors affecting OF
- (c) Calculation using OF

Filters

- (a) Shielding tray filter
- (b) Wedge filter
- (c) Lead compensator filter

(d) Wax compensating filter

(e) Film compensating filter

Problems

Total Tumour Dose (TTD)

Total Given Dose (TGD)

Source Skin Distance (SSD)

(a) Normal SSD

(b) Advantages and disadvantages of SSD set up

(c) Calculation using SSD

(i) Equal given dose

(ii) Unequal given dose

(iii) Equal tumour dose

(iv) Unequal tumour dose

(v) Cord dose (parallel opposed fields)

(vi) Cord dose from multifield plan in SSD set up

(vii) Dose to off axis

(1) Beam profile method

(2) Isodose chart method

(3) TAR method

(viii) Extended SSD

Source Axis Distance (SAD)

(a) Normal SAD

(b) Advantages and disadvantages of SAD set up

(c) Calculation using SAD

(i) Equal given dose

(ii) Unequal given dose

(iii) Equal tumour dose

(iv) Unequal tumour dose

(v) Cord dose

(vi) Cord dose from multifield SAD plan

(vii) Dose to off axis

(1) Beam profile method

(2) Isodose chart method

(3) TAR method

Arc and Rotation Therapy

(a) Dose distribution for arc and rotation therapy

(b) Calculation for 300 degree arc therapy

Treatment in a Non Vertical Plane

Normal Single Dose (NSD) and Time Dose Fractionation

(TDF)

Problems

Publications of interests.

Chapter 3: Inhomogeneity Corrections

Effect of inhomogeneity

Lung inhomogeneity correction (on Co-60)

(a) Isodose shift method

(b) TAR ratio method

(c) Batho-Young (Power Law) method

Application of Batho-Young Method in calculation

Calculation of dose to point in lung

(a) single field

(b) Opposed fields

Problems

Publications of interests.

Chapter 4: Irregular field calculation

Introduction

Scatter Air Ratio (SAR)

Irregular field calculation

Center

Off Axis Point

Off center point under block

Point under block

A simple calculation of blocked TAR

Calculation of dose under block

Superficial X-Ray irregular field calculation

Problems.

Publications of interests.

Chapter 5: Missing and added tissue correction

Shift method using isodose chart

Shift method using %DD table

Linear attenuation method

Tissue Air Ratio method

Comparison of the four methods of missing and added tissue correction

Problems.

Publications of interests.

Chapter 6: Compensator

Introduction

Bolus bags

Wax bolus

Retracted wax compensator

Retracted lead step compensator

Film compensator for superficial X-Ray treatment unit

Publications of interests.

Chapter 7: Isodose distribution plans

Introduction

Isodose chart

Normalization of isodose chart

- Wedged isodose chart
- Normalization of wedged isodose chart
- Hinge angle
- Manual planning
 - (I) SSD plans
 - Single field
 - Opposed fields
 - Missing and added tissue correction
 - Four fields
 - Three fields
 - Wedged fields
 - Weighted fields
 - (II) SAD plans
 - Opposed fields
 - Four fields
 - Three fields
 - Wedged fields
 - Weighted fields
- Factors affecting isodose distribution
 - (a) Beam energy
 - (b) Field size
 - (c) Weighting
 - (d) Wedges
- Publications of interests.

Chapter 8: Electron beam therapy

- Introduction
- Characteristics of electron beam
- Electron output factors
- Shielding
- Treatment at extended distances
- Oblique incidence (missing tissue correction)
- Bolus
- Inhomogeneities
- Field junction
- Electron arc therapy
- Electron arc treatment planning for chest wall
- Publications of interests.

Chapter 9: Thermoluminescence Dosimeters (TLD)

- Introduction
- Annealing
- Grouping of TLD
- Calibration of TLD
- Other dosimeters
- Publications of interests.

Chapter 10: Cancer of the skin

Introduction.

Basal cell carcinoma(BCC) and squamous cell carcinoma (SCC).

(a) Superficial X-Ray therapy.

(i) irregular field calculation for SXR cut out.

(ii) Stand off correction

(iii) Film compensator.

(b) Electron therapy.

Kaposi's Sarcoma.

Mycosis Fungoides.

Benign tumours of the skin.

Keloid scar.

Cancer of the lip.

(a) Superficial X-Ray therapy.

(b) Electron therapy.

Publications of interests.

Chapter 11: Tumours of the bone

Introduction

Primary bone tumours.

Benign bone tumours.

Metastatic bone tumours.

Publications of interests.

Chapter 12: Central nervous system tumors

Introduction.

Brain.

Spinal cord.

Medulloblastoma.

Single spinal field.

Two spinal fields.

Publications of interests.

Chapter 13: Cancer of the ear

Introduction.

Localization.

Treatment planning

Publications of interests.

Chapter 14: Tumours of the eye

Introduction.

Retinoblastoma

Localization.

Treatment planning

a) Localized tumor

i) Direct photon beam

ii) I125 Eye Plaque

b) Multifocal tumor

- i) Electron pair
 - ii) Anterior/lateral wedge pair
 - iii) Superior/inferior oblique 6MV photon fields
 - iv) 6MV Photon split arc
- Publications of interests.

Chapter 15: Cancer of the larynx

- Introduction.
- Localization.
- Treatment planning
- Publications of interests.

Chapter 16: Cancer of the maxillary antrum

- Introduction.
- Localization.
- Treatment planning
- Publications of interests.

CHAPTER 17: CANCER OF THE NASOPHARYNX

- 263
- Introduction
- Large field
 - Localization
 - Treatment Planning
- BOOST FIELD
 - Localization
 - Treatment Planning
- Publications of interests.

CHAPTER 18: CANCER OF THE NASAL CAVITY AND ETHMOID

- INTRODUCTION.
 - Localization
 - Treatment Planning
 - Unilateral nasal cavity and ethmoid.
 - Bilateral nasal cavity and ethmoid.
- Publications of interests.

CHAPTER 19: CANCER OF THE SALIVARY GLANDS

- INTRODUCTION.
 - Localization
 - Treatment Planning
- Publications of interests.

CHAPTER 20: CANCER OF THE TONGUE.

- INTRODUCTION.
 - Localization
 - Treatment Planning
 - External beam radiotherapy

- a) Wedged pair
 - b) Opposed lateral with single anterior supraclav field. Intra-oral radiotherapy
- Publications of interests.

CHAPTER 21: CANCER OF THE PITUITARY GLAND

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 22: CANCER OF THE THYROID

INTRODUCTION.

LOCALIZED TUMOUR

Localization

Treatment Planning

LARGE TUMOUR WITH NODAL INVOLVEMENT

Localization

Treatment Planning

Publications of interests.

CHAPTER 23: CANCER OF THE BREAST

INTRODUCTION.

(I) TREATING ONLY THE BREAST OR CHEST WALL.

Localization

Treatment Planning

(II) TREATING THE BREAST (OR CHEST WALL), THE SUPRACLAVICULAR NODES AND THE AXILLARY NODES.

Localization

Treatment Planning

(III) TREATING THE BREAST (OR CHEST WALL), THE INTERNAL MAMMARY CHAIN NODES, THE SUPRACLAVICULAR NODES AND THE AXILLARY NODES.

Localization

Treatment Planning

(IV) ELECTRON FIELD THERAPY FOR UNILATERAL CHEST WALL

Localization

Treatment Planning

(V) ELECTRON FIELD THERAPY FOR BILATERAL CHEST WALL.

Publications of interests.

CHAPTER 24: CANCER OF THE ESOPHAGUS

INTRODUCTION.

Localization

Treatment Planning

INTRACAVITARY THERAPY

Publications of interests.

CHAPTER 25: HODGKIN'S DISEASE

INTRODUCTION.

MANTLE FIELD

Localization

Treatment Planning

INVERTED Y FIELD

Localization

Treatment Planning

Publications of interests.

CHAPTER 26: CANCER OF THE LUNG

INTRODUCTION

Localization

Treatment Planning

Publications of interests.

CHAPTER 27: CANCER OF THE GALL BLADDER

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 28: CANCER OF THE LIVER

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 29: CANCER OF THE KIDNEY

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 30: CANCER OF THE PANCREAS

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 31: CANCER OF THE STOMACH

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 32: CANCER OF THE SMALL INTESTINES

INTRODUCTION

CHAPTER 33: CANCER OF THE COLON

INTRODUCTION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 34: CANCER OF THE RECTUM

INTRODUCTION.

Two field technique

Localization

Treatment Planning

THREE FIELD TECHNIQUE.

Localization

Treatment Planning

PAPILLON TECHNIQUE(ENDOCAVITARY TECHNIQUE.)

Localization

Treatment Planning

Publications of interests.

CHAPTER 35: CANCER OF THE ANUS

INTRODUCTION.

Publications of interests.

CHAPTER 36: CANCER OF THE CERVIX

INTRODUCTION.

LOW DOSE RATE ¹³⁷Cs TUBE AND COLPOSTAT SOURCES.

Localization

Treatment Planning

LOW DOSE RATE ¹³⁷Cs PELLETS.

Localization

Treatment Planning

HIGH DOSE RATE ¹⁹²Ir PELLETS.

EXTERNAL BEAM IRRADIATION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 37: CANCER OF THE UTERUS

INTRODUCTION.

LOW DOSE RATE ¹³⁷Cs TUBE SOURCES.

Localization

Treatment Planning

EXTERNAL BEAM IRRADIATION.

Localization

Treatment Planning

Publications of interests.

CHAPTER 38: CANCER OF THE VAGINA

INTRODUCTION.

BRACHYTHERAPY.

Localization

Treatment Planning

Publications of interests.

CHAPTER 39: CANCER OF THE OVARIES

INTRODUCTION.

Localization

Treatment Planning

First course (Large field.)

Second course (boost field.)

Publications of interests.

CHAPTER 40: CANCER OF THE PENIS

INTRODUCTION.

EXTERNAL BEAM IRRADIATION.

Localization

Treatment Planning

Superficial X-Ray.

60-Cobalt.

BRACHYTHERAPY.

Localization

Treatment Planning

Publications of interests.

CHAPTER 41: CANCER OF THE PROSTATE

INTRODUCTION.

Localization

Treatment Planning

a) Early T1 tumor

b) Mid T2 tumor

c) Late T3 tumor

d) IMRT

Publications of interests.

CHAPTER 42: CANCER OF THE TESTIS

INTRODUCTION.

STAGE I AND IIA.

Localization

Treatment Planning

Unilateral lesion.

Bilateral lesion.

STAGE IIB AND IIC.

Localization

Treatment Planning

STAGE III AND IIIA.

LOCALIZATION.

Lower field.

Upper field.

Treatment Planning
Upper field.
Publications of interests

CHAPTER 43: CANCER OF THE BLADDER

INTRODUCTION.

Localization
Treatment Planning
Publications of interests

CHAPTER 44: RADIATION REACTION

INTRODUCTION

SKIN

ACUTE

CHRONIC

BONE

CNS

Eye

Ear

Thyroid

Larynx

Buccal Mucosa

Mandible

Teeth

Salivary Gland

Esophagus

Heart

Lung

Stomach

Small intestines and rectum

Large intestines

Liver

Kidneys

Bladder

Testis

Ovary

Bone marrow and circulating blood cells

Publications of interests

CHAPTER 45: TOTAL BODY IRRADIATION

INTRODUCTION

Clinical

Physics

Treatment set-up

Publications of interests

CHAPTER 46: HEMI BODY IRRADIATION

INTRODUCTION

TREATMENT SET UP (UPPER HEMI BODY)

CALCULATION

Publications of interests

CHAPTER 47: BRACHYTHERAPY

INTRODUCTION

PHYSICAL CHARACTERISTICS OF RADIONUCLIDES

HALF LIFE

EXPOSURE RATE CONSTANT

ALONG AND AWAY CALCULATION METHOD

DOSE RECEIVED AT A DISTANCE

BRACHYTHERAPY FOR CANCER OF THE
CERVIX AND OTHER GYNECOLOGICAL
MALIGNANCIES

(a) CANCER OF THE CERVIX

(i) MANCHESTER SYSTEM

(ii) FLETCHER SYSTEM

(iii) REMOTE AFTER LOADING SYSTEM

(b) CANCER OF THE VAGINA

MOLD AND IMPLANT

(a) SINGLE PLANAR MOLD

(i) SINGLE RING MOLD

(ii) DOUBLE RING MOLD

(iii) RECTANGULAR MOLD

(b) SINGLE PLANE IMPLANT

(i) SINGLE CROSSED END

(ii) DOUBLE CROSSED ENDS

(iii) DOUBLE UNCROSSED ENDS

(c) TWO PLANE IMPLANT (TWO ENDS CROSSED)

(d) CYLINDRICAL VOLUME IMPLANT

(i) ONE CROSSED END

(ii) TWO CROSSED ENDS

(e) PERMANENT IMPLANT

Sr-90 EYE PLAQUE

Publications of interests

CHAPTER 48: EMERGENCIES IN RADIATION THERAPY

SVC OBSTRUCTION

INTRODUCTION

Localization

Treatment Planning

SPINAL CORD COMPRESSION

INTRODUCTION

Localization

Treatment Planning

Publications of interests

CHAPTER 49: QUALITY ASSURANCE IN TREATMENT PLANNING

PATIENT POSITIONING
TARGET VOLUME LOCALIZATION
PLANNING COMPUTER
PLAN AND CALCULATION CHECK
PLAN VERIFICATION
SET-UP INSTRUCTIONS
Publications of interests

PROBLEMS AND ANSWERS.